

Transition challenges

We want to know more about you and also you might be thinking about your next steps up to high school so here are 7 challenges to have a go at...

From now until starting in September – email your results to

transition@poyntonhigh.org.uk

Don't forget to tell us your name and school

Good luck!

#	Challenge	
1	Read 7 before 7	Can you read 7 books before starting year 7?
2	Well-being booklet	Complete the booklet online on the transition page
3	Write a letter to Mrs Kennedy	Write a letter to us telling us all about you, who your friends are, your hobbies, pets, family, what you like doing in the holidays, favourite subjects etc... What are your biggest achievements so far?
4	Snapshot	Whilst on your holidays send us pictures of your travels from Poynton to Hazel Grove to wherever you may go and let's see if we can guess where you've been?
5	Cupcake competition	Follow the link below and make some cupcakes https://youtu.be/evxAFHzwOWg
6	Science experiments	Follow the PowerPoint on the website
7	Sports in 7s	Can you do any of the following sports challenges... <ol style="list-style-type: none">1. 7 or more 'keepie uppies' with a football2. Run 7km3. Hand/headstand for 7mins4. Complete 7 cartwheels or forward rolls in a row5. Complete 7 fitness videos online6. Cycle 7km7. Swim 7km

Your final challenge before starting in September is to time yourself to get changed from your uniform to your PE kit! New records are needed...